# Head of Sports Science/Performance Coach Myanmar Football Federation(MFF)

Myanmar Football being on the edge of a new era of football culture and development is looking for a highly qualified Head of Sports Science/Performance Coach.

The role represents *a key position* in the Myanmar's National Teams (Men/Women/Boys/Girls) and in the 3 MFF National Academies (Boys U13-16s)

## **Role & Responsibilities:**

The Head of Sports Science and Performance will install, manage and mentor a long-term sports science program (strength and conditioning) top-down and bottom-up in line with international standards.

He will design and mentor the physical preparation (training plans) of all National Teams (male/female), during the full-time programs, to prepare international games and tournaments.

He will ensure the sports science program is *progressively implemented* over all age groups (male/female) in close corporation with the MFF National teams'/National Academies coaching staff to optimize and maximize the physical potential of every elite player to enhance team performances.

Develops football oriented practical solutions based on individual and team data-analysis.

Ensure a seamless collection of all necessary player data (GPS, Wellness, RPE, etc.)

Develops practical solutions based on individual and team data-analysis.

Prepare and submit player reports to be discussed with the National Team/MFF National Academy coaching staff. Close corporation with the National Team Medical Department to ensure all testing, monitoring and return to play protocols are being effective.

He will also assist in designing and developing the *Modules Football Fitness* for all AFC/MFF Coaching courses, complying with the AFC Coaching Convention and this close together with the MFF Coach Education Department. Head of Sports Science/Performance Coach will also *guide and mentor Myanmar physical performance coaches* to become part of the MFF National Team set-up and the MFF National Academies.

## Profile:

- The Head of Sports Science/Performance Coach understands and applies the latest physical performance processes/tools complying with international standards to improve football physical fitness (strength and conditioning) of elite players.
- Can transfer data-analysis to functional football practice.
- Basic football knowledge and experience at international level.
- Open and flexible mindset.
- Personality with people management skills.
- Good communicator and presenter applying principle of interaction.
- Can motivate, inspire and delegate.
- Mentor

#### Job skills and Qualifications:

- Bachelor Degree in Sports Science(minimum)
- International experience as Head of Sports Science/ Performance Coach at youth, adolescent and senior football level(min. 3 years)
- Knowledge of Asean and Asian Football
- Knowledge of English language (verbal and written) is compulsory
- Digital tools' skills

#### Salary:

• The salary will be valued in line with the qualifications of the candidate and the KPI's from MFF Myanmar Football Federation.

## To apply:

Submit resume detailing your knowledge and experience to Myanmar Football Federation for the attention of Mr. Phone Naing Zaw, MFF CEO <a href="maintenanger: phonenaingzaw@mff-ma.com">phonenaingzaw@mff-ma.com</a> and M Mr. Eric Abrams, MFF Technical Director <a href="maintenanger: eric.abrams@mff-ma.com">eric.abrams@mff-ma.com</a>

All applications to be received by Myanmar Football Federation before the end of November 2018.

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## **Minimum Qualifications**

- Bachelor's degree in sports science
- Certified Strength & Conditioning Specialist (CSCS) Accreditation (NSCA)
- Current CPR and AED certification
- Minimum of 3 years of practical performance experience; Soccer or team sport experience is preferred
- Knowledge and experience in prescribing training loads to deliver performance requirements for athletes
- Proficient on computer with software such as: Outlook, Word, PowerPoint, Excel, Access, and Video Editing

#### **Desirable Qualifications**

- Master's degree in Sport Science/Kinesiology/Physiology/Performance, or related field
- Demonstrate ability to collect, interpret, and deliver training monitoring data (GPS, Heart rate, RPE, Wellness, etc.)
- Experience designing and implementing strength and conditioning or end stage return to play programs
- Experience working in collaboration with coaches and other support staff
- Related experience in professional soccer
- Bilingual English and Spanish

We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, or any other characteristic protected by law.

Houston Dynamo - 8 days ago - save job - report job - original job